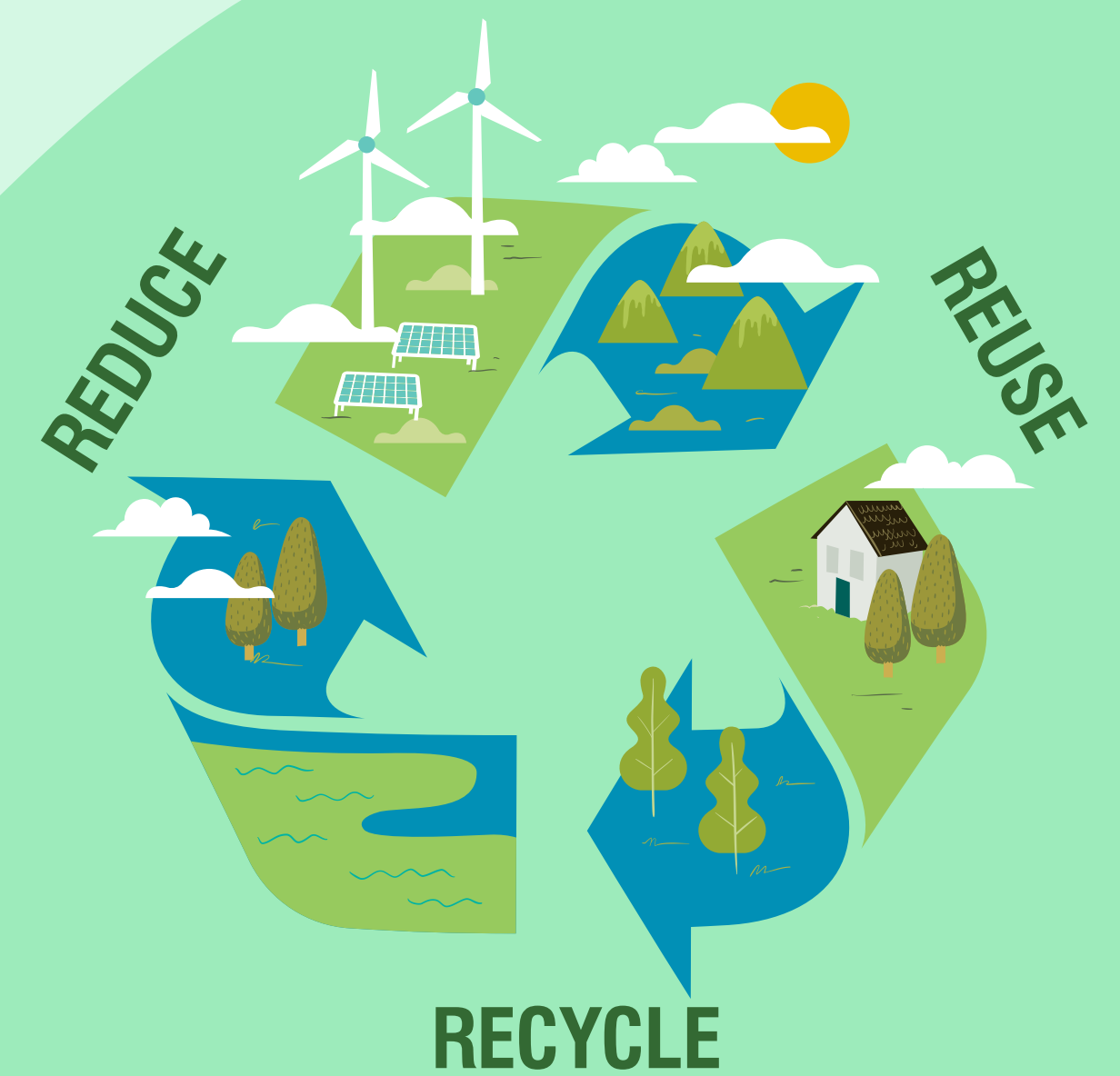


Small steps for big impact!

Every bit counts

Be a responsible citizen and protect the environment

- Conserve water by using it carefully
- Switch the lights/fan off when you leave the room
- Walk or use public transport
- Plant trees and shrubs
- Avoid plastic products and shift to eco-friendly products
- Keep your surroundings clean and throw garbage only in dustbins



Make your village or town environment friendly!

For any health related counselling and information, please visit your nearest Adolescent Friendly Health Clinic or Ayushman Bharat Health and Wellness Centre

