

USE **SOAP & WATER** TO WASH HANDS **SANITIZATION** IS THE SECOND BEST PLAN

Wash hands with soap and water for atleast
40 seconds or use alcohol-based hand-sanitizer for 20 seconds

Before
wearing
mask



After
removing
mask



After coming
home **from
outside**



After you
**cough or
sneeze**



After
touching
any **surface**



Before and
after **eating
food**



After using
the **toilet**



When
hands
get dirty



When we are safe,
Nation is safe!

If you feel unwell, inform your parents immediately!