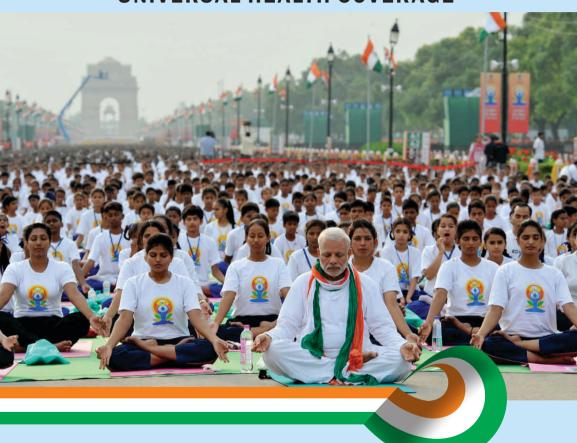


# INDIA'S JOURNEY TOWARDS UNIVERSAL HEALTH COVERAGE



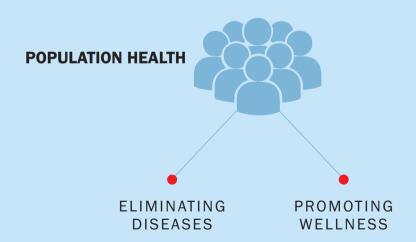
"Yoga is a symbol of universal aspiration for health and wellbeing."

- Narendra Modi Prime Minister of India The attainment of the highest possible level of health and well-being for all at all ages, through a preventive and promotive health care orientation in all developmental policies, and universal access to good quality health care services without anyone having to face financial hardship as a consequence.

National Health Policy, 2017

### **UNIVERSAL HEALTH COVERAGE**





#### AYUSHMAN BHARAT: INDIA'S PATH TO UHC

### Launched in 2018, with two components:

Setting up of 150,000 **Health and Wellness**Centers (HWCs) by 2022, delivering

Comprehensive Primary Health Care (CPHC),
universal and free to all users spanning
preventive, promotive, curative, rehabilitative
and palliative care

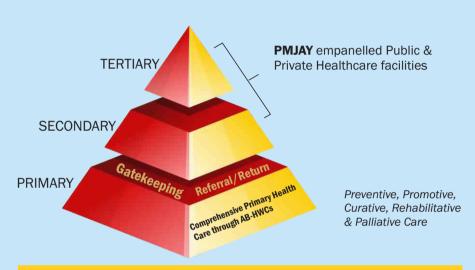
Prime Minister's Health Protection Scheme / Pradhan Mantri Jan Arogya Yojana (PMJAY) providing financial protection- cashless at the point of care and portable, for secondary and tertiary care to 500 million people.







## AYUSHMAN BHARAT: UNIVERSAL HEALTH COVERAGE











#### ONE YEAR OF IMPLEMENTATION

#### **PMJAY**

102 million

**Beneficiaries Verified** 

450,000 Hospital Admissions

Worth Rupees 73,450 million

18,075

**Hospitals Empanelled** 

40,000+

**Availed Treatment Outside Their Home State** 

#### **HEALTH AND WELLNESS CENTRES**

More than
21,000
HWC operational

**17,063,522** foot falls

**952,134** Yoga Sessions conducted

> 7 million
Hypertension
Patients
on treatment

> 3.1 million
Diabetes Patients
on treatment

> 16 million
persons distributed
Free and Essential
medicines

>30,000
people diagnosed
with Cancers
(Oral/Breast/
Cervical)

> 4.9 million
Persons availed
free and essential
diagnostics



## UHC JOURNEY: INCREMENTAL AND ASPIRATIONAL

Aims at progressive integration of all sub population groups (adolescents, men and the elderly)

Ensures gradual inclusion of packages of high burden disease conditions

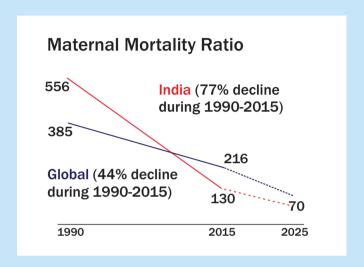
Screening of 30+ population for common Non Communicable Diseases (NCDs) ongoing

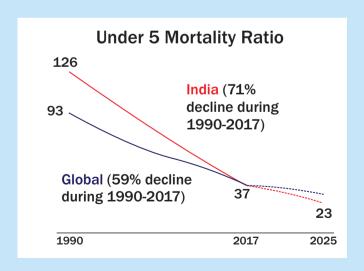
Significant gains achieved from focus on Reproductive, Maternal, Newborn and Child Health (RMNCH) care (MDG targets achieved); communicable diseases continue to be a focus and now, chronic disease care being incorporated

UHC interventions build on a robust health systems platform, strengthening quality and high coverage



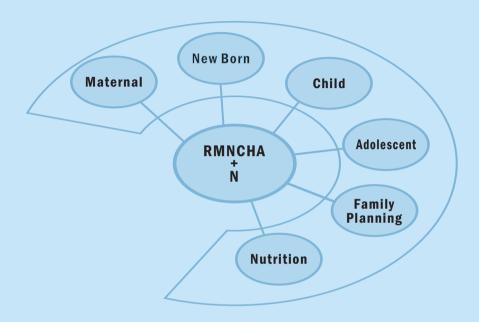
## MMR AND U5MR DECLINED IN INDIA FASTER THAN GLOBAL AVERAGE







#### LIFE CYCLE APPROACH OF RMNCHA+N



#### Maternal

- 23,240 Delivery Points established.
- Prime Minister's Safe Motherhood Campaign: 20 million antenatal care sessions undertaken since 2016
- LaQshya strengthens key quality processes in labour rooms and maternity operation theatres
- Nurse practitioner Midwifery cadre introduced to improve coverage and quality of respectful maternity care



#### **New Born**

- State of the art newborn care units >800 units established catering to 1.1 million newborns annually
- Home based newborn care provided to over 12 million newborns visited every year
- Active promotion of early Initiation of Breastfeeding

#### Child

- 33.9 million children and 8.8 million pregnant women reached through focused immunization drive (Mission Indradhanush)
- Intensified Mission Indradhanush: Special drive to reach the unreached-increase of 18.5% in Full Immunization Coverage
- Unprecedented increase in the number of vaccines in national immunization programme- from 7 to 12 (Injectable Polio, Measles Rubella, Tetanus Adult Diphtheria (Td), Rotavirus, and Pneumococcal vaccine)
- 198 million children screened annually for 4Ds (Diseases, Defects, Deficiencies, Developmental Delays)

#### Nutrition

Nation wide POSHAN Abhiyan (Nutrition Campaign)
 launched



- Anaemia Free India: 3% reduction per annum targeted
- Annually >70 million under-five children covered through Intensified Diarrhoea Control Initiative
- >280 million children dewormed annually under National Deworming Day (NDD)

#### Adolescent

- National Adolescent Health Program covers 253 million adolescents
- 7 million adolescents provided health services through 7500 dedicated adolescent clinics, annually
- 40 million adolescents receive weekly Iron Folic Acid tablet and nutritional advice annually

### **Family Planning**

- 24 out of 36 states/UTs have attained replacement level fertility
- Mission Parivar Vikas Behaviour change communication campaigns and intensified family planning services implemented to reduce unmet need in 146 districts in India
- Three new contraceptives added to basket of contraceptives

#### **UHC: REDUCING DISEASE BURDEN**

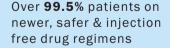
#### **TB: ELIMINATION BY 2025**

MDG 6 achieved: treated over 20 million patients; saving 3.5 million additional lives

Cash transfers for Nutritional support: **4400** million rupees disbursed in **18** months



Private Sector, community and multi-sectoral partnerships



TB Forums with survivors, community engagement with local self governments

#### **VIRAL HEPATITIS**



World's largest Viral Hepatitis Control Programme, to benefit nearly 50 million people.

Free of charge diagnostics and treatment for Hepatitis B & C.

Treatment costs for Hepatitis C reduced from \$1000/day to less than \$1/day

## **HIV/AIDS**



Over 80% decline in new infections from 1995 epidemic peak, against global average of 47%.

71 % decline in AIDS related deaths since 2005, against global average of 51%.



## UHC: PREVENTING, MANAGING AND CONTROLLING NON-COMMUNICABLE DISEASES

Screening of Hypertension, Diabetes, Oral Cancer, Breast Cancer and Cervical Cancer for all individuals over 30 years of age in the community ongoing.

Capacity building and Task shifting between frontline workers undertaken

Gradual expansion of primary care package to add care of the elderly, mental health and palliative care.

Increasing access to secondary care for sequel of Non-Communicable Diseases:
Prime Minister's National Dialysis
Programme operational in 460 districts;
reached 497,000 patients.



#### **UHC: ENSURING ACCESS TO CARE**

## Strengthening Public health infrastructure - Creating a wide network of health facilities



### **Transport - Free Ambulance services**



### **All India**

9305	10589	5957	25851	11127
108	102/104	transport vehicle	under NHM	Ambulances
Dial	Dial	Other patients	Total Ambulance	State

#### **Mobile Medical Units**



All India **1741** 



### **UHC: EXPANDING HUMAN RESOURCES**



**539** medical colleges



Number of undergraduate medical seats increased from **50,000 to 80,000** in the past five years

Post-graduate medical seats grew from **32,000 to 41,000** 



Undergraduate seats expected to reach 120,000 by 2024



One million
ASHAs or
Community
Health Workers



Reduced cost of medical education by Improved mechanism



Number of nurses/auxiliary midwives engaged in public sector **doubled** 



Health workforce created jobs mainly for women



## UHC: CORRECTING REGIONAL IMBALANCES AND REDUCING INEQUITY

Variations in socio-cultural, political, geographic, and economic factors - targeted approaches to address inequity in access

**112 Aspirational districts,** with low developmental indicators, provided with 30% additional funds and programmatic support

Multisectoral Community campaigns focusing on education, health, nutrition, agriculture and livelihood launched

Health and Nutrition given **30% weightage**; encompassing **13 core indicators** and **31 sub-core indicators** 

Enhanced budget allocation and additional funds of > **300 million Rupees per month** as financial incentives provided



#### **UHC: RESOURCE AUGMENTATION**

Committed to raise public investments in health care to **2.5% of the GDP** and to allocate two-thirds of the budget to primary health care.

**Health and Education Cess** on Income tax at 4% to finance quality health services and universal education introduced.

Extra Budgetary funding through Special Purpose Vehicle: A **Higher Education Funding Agency** (HEFA) set up for infrastructure development.

Products such as tobacco are in the higher tax slab.

States initiating 'fat tax' on junk food: Kerala



#### **UHC: LEVERAGING DIGITAL TECHNOLOGY**

- India is the chair of Global Digital Health Platform
- National Digital Health Blueprint released
- AB-PMJAY application to provide cashless & paperless treatment to patients
- Centre for Electronic Health Records (EHR) Standards established; EHR & Health Metadata & Data Standards notified
- Mother and Child Tracking System to ensure inclusion, follow up
  of high risk and enable complete coverage with services.
- My Health Record: a mobile application to create and manage personal health record by citizens
- Integrated Health Information Platform (IHIP) / IDSP for name based monitoring of 33 epidemic prone disease on a real time basis
- NCD application: to enable continuum of care and follow up for treatment adherence.
- **Nikshay:** a web-based application for monitoring of TB Patients
- Drug & Vaccine Distribution Management System: automated tracking of supply chain of drugs, sutures, surgical items
- e- Raktkosh: a centralized blood bank management system



- e-VIN: digitizes vaccine stocks & monitors the maintenance of cold chain through smart phone for real-time management
- **Mera Aspatal:** an application for real time patient feedback for health services in public health facilities
- **AB: HWC Portal:** to enable real time monitoring of various components of HWC.



#### **UHC: INCREASING ACCESS TO MEDICINES**

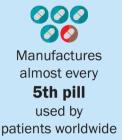
#### INDIA



Supplies over

50 per cent
of global demand
for various vaccines





- AMRIT (Affordable Medicines and Reliable Implants for Treatment) Pharmacies: provides Reliable Implants and Affordable Medicines for cancer and cardiovascular diseases.
- Prime Minister's Bhartiya Janaushadhi Pariyojana:
   Making quality medicines available at affordable prices for all, particularly the poor and disadvantaged, through 5000 Stores for Quality generic medicines.

### **UHC: A LIFE CYCLE**

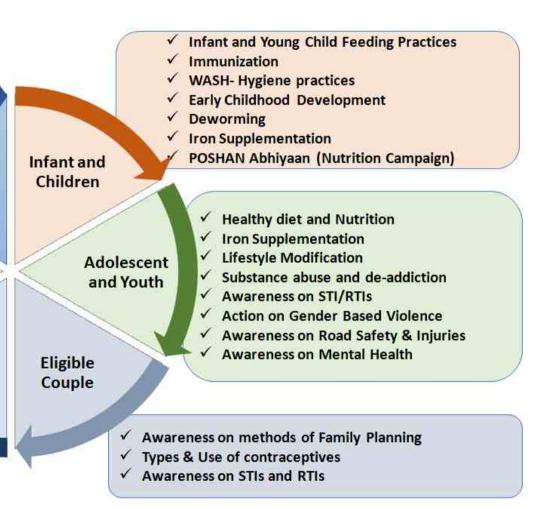
- ✓ Nutrition supplementation
   ✓ Lifestyle Modification
   ✓ Psycho-social Support
   ✓ Violence against elderly
- ✓ Lifestyle Modification
- √ Reduction of harmful use of Alcohol
- ✓ Cessation of Tobacco use
- ✓ Substance abuse and de-addiction
- ✓ Awareness on STIs and RTIs
- ✓ Action on Gender Based Violence
- ✓ De-stigmatizing Mental Health
- ✓ Nutrition Supplementation
- √ Iron Supplementation
- √ Regular check ups-ANCs
- ✓ Early & exclusive breastfeeding
- √ Post Partum Family Planning
- ✓ Psycho-social- Post Partum Depression

Elderly population (Above 60 years)

Above 30 Population

Pregnant Mothers

#### MULTI SECTORAL APPROACH



## SWACHH BHARAT ABHIYAN / CLEAN INDIA CAMPAIGN

The Swachh Bharat Mission was launched on 2nd October 2014 with a goal of achieving universal safe sanitation and improving the health and well being of all Indians by 2nd October 2019.





10 million

Household Toilets Built Since 2nd Oct, 2014

99.99%

Unprecedented progress in rural sanitation

5,99,693

Open Defecation Free Villages

35

Open Defecation Free States/UTs



## UHC: PROMOTING WELLNESS THROUGH MULTI-SECTORAL CONVERGENCE

- Preventive and Promotive Healthcare Services involving
  - Behaviour change communication through Self Help Groups, youth and other organized groups, VHSNCs, PRIs, ULBs, etc.
- · Regular Yoga Sessions for the community at HWCs.
- Partnering with Fit India Movement
  - Wellness through regular physical activities
- Eat Right India campaign
  - Wellness through healthy diet
  - Eat Heatlhy Balanced Diet; Less salt, Less sugar
  - Eat Safe Food adulteration detection kits at PHCs
- Ayushman Bharat Health and Wellness Ambassadors
  - Making teachers and children as Health and Wellness Ambassadors through a standard curriculum
- Regular conduct of Health promotion activities at AB-HWCs as per the flexible Health Calendar.
- Reducing Indoor and Outdoor Air Population
  - Prime Minister's Ujjawala Yojana: Cooking Gas Coverage increased from 55% to 94% in five years, bringing down particulate matter 2.5 level

#### **TOBACCO CONTROL**

- **Prohibited electronic cigarettes** (Electronic Nicotine Delivery Systems) by an enactment
- Large Pictorial Warnings (85%) with Quitline number on all consumable tobacco packs
- Implementation of rules for display of Statutory warnings in films and TV programmes

## FINDINGS FROM GLOBAL ADULT TOBACCO USE- ROUND 2, (2016-2017)

17.3 percent reduction in prevalence of tobacco use



Tobacco use among those between

15 and
24 years reduced from

18.4 percent to 12.4 percent



Tobacco use:
Mean age at
increased
from
17.9 years
to 18.9 years

Initiation of

## FOR INDIA, UNIVERSAL HEALTH COVERAGE IS:

A journey of partnerships: engaging not for profit, and private sectors, universities, research agencies, policy fora, think tanks, and civil society organizations

About People's Participation: leveraging Self Help Groups, Community collectives, and local self government representatives.

Enabling Continuous Implementation Research: Learning, adapting and sustaining progress

**Ayushman Bharat - Long Live India** 

# UNIVERSAL HEALTH COVERAGE EVERYONE, EVERYWHERE

"Government is working with a holistic approach to improve health sector.
Our focus is on both 'affordable health care' and 'preventive health care'."

- Narendra Modi Prime Minister of India

Published by:

Ministry of Health and Family Welfare Nirman Bhawan, Maulana Azad Road New Delhi - 110011 www.mohfw.gov.in / www.mohfw.nic.in

