



Materials Required for Preparation of Skills Stations

S.No.	Topics/Skill Stations as per agenda	Materials/Items Required	Total Quantity	Furniture Required	
1	Using Partograph	Large teaching Partograph	1	Classroom setting	
		Case study on slide/flip chart	1		
		Partograph photocopy	5/participant		
		Case studies for Partograph exercise	1 set/participant		
		Set of pencil, eraser and sharpener	1 set/participant		
2	Conducting normal delivery (2nd stage of labour) including active management of third stage of labor (AMTSL), essential new born care (ENBC) and PPH management	Skill check lists for all the mentioned tasks	Set of checklists 1 per participant	1 wooden table to keep model and instruments with 2 chairs for facilitators	
		Model: Mama- Natalie and Neo Natalie with hard skull cover, placenta with cord, blood simulator, uterus, catheter, long gloves.	1		
		Instruments:			
		SS Tray with lid containing the following	1		
		Sponge holder	1		
		SS bowl with cotton swabs	1		
		Kidney Tray	1		
		Cord clamp	2		
		Scissors	1		
		Warm dry soft cotton towels at least 1 mtr size each	2		
		Baby cap	1		
		Baby identification wrist band	1		
		Infection Prevention:			
		Disposable plastic Gown	1		
		Kelly’s Pad	1		
		Sterile surgical gloves	10 pairs		
		Cap	10		
		Mask	10		
		Goggles	1		
		Plastic Apron	1		
		Shoe covers	10 pairs		
		Betadine bottle	1		
		Dust bin with yellow bag	1		
		Plastic tub for 0.5% chlorine solution	1		
		Medicines and supplies:			
		Injection Oxytocin ampoule—5	2 ampoules		

		IU in 1cc		
		Tablets misoprostol /Simulation	Tablets/1 Gems packet)	
		Injection Vitamin K	1 ampoule	
		2cc syringe with needle for oxytocin and 1cc syringe/insulin syringe with needle for vit. K	1 each	
		GOI's Posters on AMTSL, management of PPH		
3	New born resuscitation (NBR)	Skill check lists	1/participant	1 wooden table to keep model and instruments with 2 chairs for facilitators
		Model: Neonatalie	1	
		Infection Prevention:		
		Caps	1	
		Masks	1	
		Sterile Surgical Gloves	1	
		Plastic apron	1	
		Shoe covers	1	
		Instruments /Items:		
		SS Tray with lid containing the following	1	
		Baby cap	1	
		Baby identification wrist band	1	
		Bowl with few cotton balls	1	
		Self-inflating Bag and Mask	1	
		Penguin Mucus Sucker	1	
		Stethoscope	1	
		Scissor	1	
		Cord Clamp (Disposable)	1	
		Shoulder Roll	1	
		NSSK NBR poster	1	
		Pictures of radiant warmer and hand washing	1	
		Oxygen Cylinder (Simulation) with tubes*/picture of O ₂ cylinder	1	
		Watch with seconds arm	1	
		*The participants will be informed regarding how to open the cylinder and check for O ₂		
4	Infection Prevention practices	PPE:		1 wooden table to keep model and instruments with 2 chairs
		Caps		
		Masks		
		Disposable plastic gown		
		Goggles		

		Shoe covers Sterile Surgical Gloves Plastic apron Hand Washing: Soap with dry dish Pic. Of tap with running water Alcohol based hand rub Antiseptics: Povidone Iodine/ Chlorohexidine 0.5% Bleaching solution: 1 litre bottle with water Plastic mug Plastic tea spoons Bleaching powder Plastic tub (12 inches base)/buckets Utility gloves Caps Plastic apron Processing of used instruments: Sponge holding forceps and artery forceps Disposal of sharps: Scalpel blade Disposable syringe with Needle Glass ampoules Glass medicine vials Picture of Hub cutter Picture of Puncture proof box BMWM: Colour coded bins Pics of different types of wastes		for facilitators
5	Triaging: a. Correct estimation of gestational age b. Appropriate assessment of uterine contractions c. Localizing and appropriate recording of FHR	Skill check lists and Gol posters	(Set of checklists & job-aids on abdominal palpation, estimation of gestational age, PV examination- 1/participant	1 Table and chair

	d. Conducting PV examination	Model: Mama- Natalie and Neo Natalie with hard skull cover, placenta with cord, blood simulator, uterus	1	
		Examination tray:		
		SS Tray	1	
		Bowl with cotton swabs	1	
		Sponge holder	1	
		Sterile gloves	1	
		Antiseptic solution bottle	1	
		Measuring tape	1	
		Stethoscope/foetoscope	1	
		Uristix bottle	1	
		Blood and urine collection vials and spirit swabs		
		RDK (to be kept in refrigerator)		
		BP apparatus	1	
		Thermometer	1	
		Knee hammer	1	
		MCP cards		
		Infection prevention:		
		Yellow colour coded bin/bag	1	
		Tub with 0.5% chlorine solution	1	
6	BP measurement	Android BP apparatus	1	1 Table and chair
		Stethoscope	1	
		Checklist on BP measurement	1 per participant	
		Poster on BP measurement	1	
7	Hb estimation by Sahli's method	Complete Sahli's haemoglobinometer-Kit	1	1 Table
		Lancets	1	
		Alcohol swabs		
		Cotton		
		Bowl/kidney tray	1	
		Yellow colour coded bin	1	
		Tub with 0.5% chlorine solution	1	
		Puncture proof box	1	
		Poster on Hb estimation with steps	1	
		Checklist on Hb estimation	1 per participant	
8	Urine protein estimation by Uristix	Urine sample in a container or water with protein powder or sugar mixture in containers		1 Table
		Uristix bottle	1	

		Checklist for urine protein and sugar checkup	1 per participant	
9	KMC	KMC pouch	1	1 Chair
		Preeminatalie	1	
		Checklist on KMC	1 per participant	
		Breast model	1	
10	Breastfeeding	Breast model	1	1 Chair
		Neonatalie	1	
		Checklist on breastfeeding	1 per participant	
		Gol poster on breastfeeding	1	
11	Insertion of OG tube for assisted feeding	Preeminatalie	1	1 Table
		OG tube	1	
		Syringe 10 cc	1	
		White coloured water	1	
		Checklist on insertion of OG tube	1 per participant	
12	PPFP counselling	PPFP counselling kit	1	1 Table and 3 chairs
		PPFP counselling flip book	1	
		Loose samples in a tray		
		PPFP counselling checklist	1 per participant	
		Job aids on timing of initiation, effectiveness chart and ANC counselling guide	1 set	
		Register	1	
		Note pad and pen	1 each	
13	Blood loss estimation	Containers	4	1 Table
		Red coloured fluid		
		Gauze pieces		
		Sanitary napkin/perineal pad	1	
		Jam bottle/tomato catch up	1 approx. 500 gms	
		Labels A,B,C,D	4	
		Note pad and pen	1	
14	Condom tamponade	SS tray with lid	1	1 Table
		Sims speculum	1	
		SS bowl with swabs	1	
		Sponge holders	2	
		Suture material	1	
		Scissors	1	
		Foley's catheter (16 no.)	1	
		Condoms	5	
		IV set	1	
		500 mL NS	1	

		PPE		
15	Severe Pre-eclampsia/ Eclampsia Management Kit	Mouth gag	1	
		Suction catheter	1	
		IV cannula, IV set, RL	1	
		Antihypertensive drugs (Tab and Inj. Labetalol, Tab. Nifedipine)		
		Inj. Magnesium Sulfate (1 ampoule = 1 gm)	At least 20 ampoules	
		Syringes: 20 mL, 10 mL, 5 mL	5 each	
		2% xylocaine (for LA)	1 vial	
		Alcohol/ spirit swabs		
		Adhesive tape	1	
		Self-retaining catheter	1	
		Urobag	1	
		Blood and urine collection vials		
		Dry cotton swabs		
		Antiseptic solution	1 bottle	
		Sterile gloves		
		Inj. Calcium Gluconate	1 ampoule	
		Knee hammer	1	
		*Ensure availability of functional oxygen source with attachments, functional suction machine and functional BP apparatus and stethoscope.		
16	PPH Management Kit	Wide bore IV cannula (No. 16/18)	At least 2	
		IV set, IV fluids (NS, RL)		
		Syringes (10 mL, 5 mL, 2 mL)		
		Blood and urine collection vials		
		Inj. Oxytocin (to be kept in refrigerator)	Minimum 6 ampoules	
		Tab. Misoprostol	4 tabs (200 microgram each)	
		Inj. Methylergometrine		
		Inj. Carboprost (to be kept in refrigerator)		
		Alcohol/ spirit swabs		
		Adhesive tape	1	
		Self-retaining catheter	1	
		Urobag	1	
		Dry cotton swabs		

		Antiseptic solution	1	
		Long elbow-length gloves (sterile)	At least 1 pair	
		Sterile gloves		
		Material needed for Condom Tamponade (as mentioned above in preparation of station no. 14		
		Suture material		
		*Ensure availability of functional oxygen source with attachments, functional suction machine and functional BP apparatus and stethoscope.		